

# THE NITTY-GRITTY OF PUBLIC SPEAKING

FROM STAGE FRIGHT  
TO STAGE DELIGHT

May 12-13, 2017  
Islamabad Serena Hotel  
9AM to 5:30PM

FOR REGISTRATION CONTACT:

[aniqa@themissingp.com](mailto:aniqa@themissingp.com)

0332 1900 369

0333 5452 389

0512355188



## ABOUT THIS PROGRAM

The purpose of this workshop is to enable you to present your ideas with confidence, poise & clarity. You will learn how to express your ideas in a way you want others to see. This fun-learning interactive workshop has six identified objectives; overcoming nervousness, structuring speech, preparing powerful opening and conclusion, using non-verbal communication, speaking impromptu & memory techniques.

If participants apply the step-by-step guidance and easy to use frameworks they will be able to speak with clarity and conviction.

It is like a combination of lock, if you apply the right numbers in right order, lock will open, no matter who you are. Since 2013 more than 400+ participants have benefited from this workshop and well-known organizations like Telenor, FAST University, Save the Children, Net Solace, PSEB, MIA Corporation, Makkays, Attock Refinery Limited have conducted this workshop in their premises.

This workshop reinforces the belief that people have a tremendous potential, yet many of them are unaware of it. Participants witness they not only conquer the stage but they also conquer themselves.



### About Facilitator:

Few years back he was a fresh graduate with high passion and soaring dreams, his 1<sup>st</sup> public appearance made him fall flat on his face, lack of command on language, sweating hands and dry mouth.... All were against his dream to be a great speaker. The story just began from that failure; today he is running *The Missing P* a training firm enabling people to bring their best forward. Usman has coached several executives and conducted over 200 training programs in past three years. He has also served as the President of Islamabad toastmasters club. How he raised himself from a failure to success in Public Speaking in this workshop he shares the nitty-gritty of it.

## DESCRIPTION OF TWO DAYS PROGRAM

| Day 1   | Day 2   |
|---|---|
| Pre-Requisites of Presentation Skills           | Impromptu Speaking                              |
| Sins of Presentation Skills                     | How to handle difficult situations              |
| Presentation by Participant                     | Practicing Impromptu Speeches                   |
| Pre-Requisites of Presentation Skills           | Group Presentations                             |
| Overcoming Nervousness                          | Non-Verbal Communication                        |
| Reasons of Nervousness                          | Using four tools to enhance the impact of voice |
| Framework to overcome nervousness               | Use of gestures, movements & expressions        |
| Practice Session on overcoming nervousness      | Communicate confidence via body language        |
| Organize a Speech                               | Memory Techniques                               |
| Structure your speech: Template                 | What to do when you forget your message         |
| Speech purpose & central idea                   | How to remember even the most abstract details  |
| Delivering an engaging talk                     | Closing/ Speeches by Participants               |
| How to grab audience from the beginning         | Putting Everything together                     |
| How to close with a bang                        | Final presentations by participants             |
| Involving audience with different methodologies |   |

### **THREE LASTING BENEFITS OF THIS PROGRAM:**

- *Frameworks:* This program provides easy-to-use templates that can facilitate participants to plan, prepare and present their talks easier and faster
- *Visual Impact:* One immediate benefit of this program is to change in body language. Participants would learn how to communicate with authority with help of voice & body language.
- *Experience:* The unique experience of presentations will strengthen the belief of participants that they are better communicator than they even thought possible.

### **HOW DIFFERENCE WILL BE NOTICED?**

- *Pre-Post Evaluations:* This assessment will be done by the speaker and facilitator. The significant change can be observed by measuring the difference between first presentation and the last one.
- *Videos:* First speech and last speech will be recorded. Video will speak the difference.
- *Personalized Evaluation Sheet:* After the workshop one page evaluation sheet will be provided for each individual highlighting the strengths, weaknesses and improvement.

## **BENEFITS TO YOUR ORGANIZATION**

The success of an organization largely depends upon how well the employee communicates. When employees are confident and effective communicators, everybody wins. On other hand, the effects of a poorly run meeting or an ineffective presentation are lasting and expensive. Much time and money is wasted when employees are unable to present their message across. Following are the specific benefits to the organizations:

- Expressing thoughts precisely & clearly
- Speaking precisely & clearly
- Give effective sales presentations
- Better customer communication
- More confidence & increased performance
- Speak with conviction & poise

**To view pictures & testimonials of our last sessions please click the following link:**

<http://www.themissingp.com/testimonials>

<https://www.facebook.com/themissingP>

## **TESTIMONIALS**

“Participating in this workshop was one of the best experiences of my life. I wondered before this event how in just two days my worst apprehensions on public speaking can go away but I must admit that Usman has really thrown the proverbial dog out of the well. The spike in confidence and relief in stress before speaking is phenomenal. Is it transformation ? A big YES” **Kh.Shahzad Gul, Regional Manager, BOP North.**

“One of the best sessions that I have attended. Really important for everyone who wants to become a good speaker “**Nazneen Azhar, Telenor**

“Usman’s training has been very useful for our directors and managers. Not only me, but the participants themselves could see a marked improvement between their first and final presentations. **Asim Shahryar, MD, PSEB**

“It was a pleasure to participate in this workshop. I came in with many apprehensions and imagined it to be like most other workshops. The results were clearly transformational. The change was so drastic in some participants that one could almost mistake them for being great actors, planted by Mr. Gulzari. **Ahmed Sajjad, Entrepreneur**



**Investment for this workshop: Rs. 22,500 per participant**

Group Discount: **10% Discount** on 3 or more nominations from the same organization.

Includes two days workshop experience, lunch, teas, networking, certificate, & DVD's of your videos. For registration & further information, please contact Ms. Aniq Malik +92 332 1900369, [aniqa@themissingp.com](mailto:aniqa@themissingp.com)

To contact Usman Gulzari: 0333-5452389, [usmangulzari@gmail.com](mailto:usmangulzari@gmail.com)

Website: [www.themissingp.com](http://www.themissingp.com)